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Rogero asks council to table Historic Overlay

By Mike Steely
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Responding to concerns voiced by the two elected officials from East Knoxville, Mayor Madeline Rogero is asking the city council to table the proposed historic overlay in the Parkridge neighborhood.

The council had passed the expansion on First Reading in their November 7th meeting but

Rogero notified city council members Tuesday of her wishes. She said she had spoken with council members and there is a level of distrust and disagreement among different factions in Parkridge.

"The debate has raised a host of separate but related questions that need to be resolved through constructive community dialogue," she said.

The mayor noted that Councilman Daniel Brown, who initially requested the study, ended up voting against the proposal. She also noted that Brown's position is shared by Gwen McKenzie, who was elected to represent the area.

Critics of expanding the historic overlay have cited worries regarding: the possible gentrification resulting from the expansion, the

cost of repairs to historic and non-historic homes, and the various hoops that homeowners would need to jump through when repairing homes. Many of the residents are renters or live in homes built during the 1950s which are not seen as "historic" but would still be required to seek permission for repairs.

"Unfortunately the heated discussions around

this proposed expansion, which would triple the size of the existing H-1 district, have amplified rather than allayed fears about the possible impact on low-income residents and property owners in the neighborhood," Rogero said.

Councilman Mark Campen, who had voted for the overlay expansion in the last city council meeting, said he spoke with the

mayor Monday and understands her position.

"We need more dialogue. There are lots of concerns and the issue merits a pause," Campen said.

"Let's push the pause button," he said.

Councilman Duane Grieve, who had voiced strong support for the expansion, was caught by surprise with the mayor's **Continued on page 4**



PHOTO BY KEN LAY.

The six scholarship recipients are joined by their presenters Thursday at the Knox County Retired Teachers Association Awards Ceremony and Luncheon at the Foundry at the World's Fair Park.

KCRTA awards scholarships at annual luncheon

By Ken Lay

Six aspiring teachers were awarded Thursday at the Knox County Retired Teachers Association Scholarship Foundation Awards Ceremony and Luncheon at the Foundry at the World's Fair Site.

The scholarships were awarded to students who have a passion for teaching and they were awarded to college seniors and graduate students from the University of Tennessee, East Tennessee State

University and Maryville College.

Robin D. Byard received the Christine Williams Scholarship. Kendra Edgell was awarded the Reuben and Pat Hunter Scholarship. Sarah G. Jones earned the Tom Underwood Scholarship. Byjan Kajaei received the Collene Bennett Scholarship. Hannah Reddick earned the Carrie Moudy Huber Scholarship and David Williams received the Knox County Retired Teachers' Association

Scholarship.

The KCRTA is a 501 3c non-profit organization and the scholarships were awarded to the students to help offset school expenses during their senior year or during the fulfillment of their respective student teaching requirements.

The awards were presented by retired educators including Janet Oakes, Shirley Underwood, Connie Silva, Vicki Andrews and Chris Vandergriff.

Teacher Banquet Sponsor Found, Rules Change at Commission

By Mike Steely
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The funding of the school system's "Teacher of the Year" ceremonies at the Knoxville Convention Center came under questions by the Knox County Commission at last week's work session. Commissioner Charles Busler asked

Superintendent Bob Thomas where the \$15,250 in cost comes from.

Thomas addressed the commission and explained that, in the past, the event had been sponsored by corporations but since a sponsor wasn't available the school board thought to use funds from the school

coupon book sales.

The superintendent then paused and told the meeting that since that vote the school system has sought corporate sponsorship and found it from Lifetiouch Studio's, the in-school student photo company.

The matter passed the work

session without a recommendation and will be taken up at tonight's regular session.

The commission Rules Committee decided to move the pledge to the flag and the prayer to the beginning of a commission meeting. The committee also is talking of

Continued on page 4

LIGHTS, CAMERA, PEPPERMINT PANDA!

Christmas in the City begins Friday, Nov. 24

Twinkling lights and the sound of jingle bells will be the festive sensory backdrop in downtown Knoxville when Christmas in the City begins Friday, Nov. 24, with the kick off of Regal Celebration of Lights and the opening of the Holidays on Ice skating rink.

In preparation for the season, the City's Public Service Department workers have wrapped and draped downtown trees and lampposts with more than 100,000 holiday lights. Mayor Madeline Rogero will electrify those lights along with the 42-foot animated Christmas tree located in the Krutch Park extension during a ceremony that begins at 6 p.m.

"Downtown truly feels like a Christmas village," said Judith Foltz, the City's Special Events Director, offering up compelling evidence like the train rides, hot cocoa by the Salvation Army, photos with Santa Claus, marshmallow roasting, face painting, balloon animals, and a marketplace with vendors offering an array of "make and take" or "buy and give" items.

Also, the super-sized AT&T Snow Globe returns to the square for DIY family photo opps, which may be ideal for your 2017 holiday card. Bring your own camera; volunteers will be on site to help you snap the perfect pic.

The Christmas in the City kickoff festivities mark the beginning of a most wonderful season in downtown Knoxville, with additional annual traditions in the coming weeks, including the WIVK Christmas Parade on Friday, Dec. 1; the Knoxville Community Band's free Christmas Concert, presented by City of Knoxville Parks and Recreation Department at the Bijou Theatre on Sunday, Dec. 3; two free showings of "It's a Wonderful Life," presented by Knoxville TVA Employees Credit Union at the Tennessee Theatre on Sunday, Dec. 10; and Tour de Lights bike ride on Friday, Dec. 15.

All Christmas in the City events and updates will be listed on the City of Knoxville's website: www.knoxvilletn.gov/christmas.

Also kicking off the season are: **The Regal Celebration of Lights - Friday, November 24**

Market Square, Market Street and Krutch Park Extension, 6-9 p.m.

Wild Things will perform live music **Continued on page 3**

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What Is a Deposition?

A deposition is one of the terms you hear quite frequently in relation to legal matters. Depositions are something that take place in a great number of legal cases, but what exactly is a deposition?



By Jedidiah McKeehan
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what the other party or witness will testify about, whether they are believable, and how they will do as a witness if the case actually gets to trial.

During the actual questioning of someone during a deposition, the lawyer for the other side can ask questions with the other lawyer not having really any ability to stop them or tell their client how to answer. There is some ground for objections, but the ground is very limited.

Depositions can be very short or they can be marathon affairs taking several days, but depending on the complexity of the case, they usually take a few hours.

Jedidiah McKeehan is an attorney practicing in Knoxville and surrounding counties. He works in many areas, including criminal, personal injury, landlord-tenant, probate, and estate planning. Visit attorney-knoxville.com for more information about this legal issue and other legal issues.

A deposition is a party (either the person being sued, or the person suing), or a witness's sworn out of court testimony. A deposition usually takes place in a lawyer's conference room, and an attorney for each party will be present as well as the plaintiff and the defendant in the lawsuit and possibly the witness being deposed. What makes the deposition official is the presence of a court reporter who swears in the witness and transcribes everything that is being said during the deposition.

The purpose of a deposition is to gather information about the case. Lawyers are allowed to ask about a broad range of topics, going far beyond what they could ask witnesses about in an actual trial. This allows lawyers to get a full picture of

Tobey's Celebrate 50 Years

By Rose King

Bob and Sue Tobey celebrated their 50th Anniversary at a surprise party hosted by neighbors and friends earlier this month.

The Tobey's were high school friends in Detroit, Michigan and began dating when reunited after college. As Bob said, "And here we are now."

The couple has two sons and two grandchildren. Mike Tobey and his wife Geneen live in Colorado with their children Allison and Matt. Rob Tobey lives in Houston and arranged a surprise visit to join in the celebration.

Bob served in the Vietnam War as a Marine Corp Sergeant. The couple have lived in Powell since 1995.

Bob retired from Roadway Trucking and now works at Target in stocking. Sue has a long history of working with children and is currently a Special Education Teaching Assistant for Knox County Schools at Powell Elementary.

The anniversary celebration was also attended by



several college and young adult-aged children of the neighborhood. The Tobey's have not only watched these children grow up, but have continued to befriend and mentor them. Through the years they have coached neighborhood children's soccer teams, attended sporting events and recitals, adopted grandchildren on school grandparents days, rewarded good report cards and opened their beautifully landscaped yard for prom pictures, even sending one couple off to prom in Bob's Cadillac. They are avid readers

of community newspapers and when a neighborhood child is recognized in print, they place the clipping along with notes of congratulations and encouragement in their mailboxes.

When asked the secret of a long, happy marriage, Bob answered, "We don't fight. There have been walk-away moments through the years, but to say things in anger that you will regret but can't take back..." He shook his head, "We just never do it."

Photo by Pam Poe

Is the MPC needed in Knox County?

By Mike Steely
steelym@knoxfocus.com

Some Knox County Commissioners are beginning to talk about pulling away from the Metropolitan Planning Commission and forming their own body to oversee zoning regulations. How that can be done isn't known but the talk is starting.

Commission Chairman Randy Smith talked with The Focus prior to the county meetings last week and expressed concern of what he sees as the growing power of the MPC. During a meeting to discuss what particular concerns the commissioners will bring to local state legislators in an upcoming meeting Commissioner

Brad Anders asked a pointed question.

"Are we required to use the MPC or can we form our own department?" he asked, adding, "Do we need the MPC?"

One commissioner told The Focus of feeling surprise at Anders questions, the first time they heard such a sentiment.

The county and city formed the MPC in 1956 with the county mayor appointing 7 members and the city mayor appointing 8 members. Currently the MPC staff consists of about 35 employees.

Knox County's Engineering Department works with MPC and developers in development and construction of subdivisions

and reviews road openings and closings.

Can the county pull out of the MPC sometime in the future? It may be possible as one legal opinion is that the county may have its own planning commission separate from the city.

Regardless of this speculation, the commission may hear the MPC's minimum requirements for subdivision sidewalks proposal in their December meeting.

These proposals require sidewalks be provided by the developer where 12 or more homes are planned and where streets fall within the Parental Responsibility Zone near schools. Sidewalks or pathways must be on at least one side of the street, developers must submit a concept plan, and sidewalks must access to other subdivisions.

Additionally sidewalks must be installed at the time of street improvements.

Gerald Green, Executive Director of the MPC, told The Focus that there would be time to work out the details, including handicapped compliance, timing of sidewalk construction, inspection of construction and alternatives to sidewalks.

"The Tennessee Code delegates the authority for adoption of subdivision requirements to the Planning Commission. I checked with several jurisdictions and none of them require approval of subdivision regulations by the governing body of that jurisdiction," Green said.

Some developers are objecting to a requirement for sidewalks in county subdivisions, saying it will be an expense that will be passed on to homebuyers. Others have voluntarily included sidewalks in some developments. The city requires sidewalks but

there are very few places in the city for new subdivisions.

The planning commission can consider and approve an alternative plan for pedestrian traffic within a subdivision if the developer can demonstrate that sidewalks are not feasible due to site constraints and an alternative plan is provided.

If adopted the new sidewalk requirements would become effective on February 1st.

In other MPC-related action the commissioners gave a nod to the planning commission's effort on the regulation of cell towers. Jeff Archer, Principal Planner for Infill Housing, told the commissioners that the cell tower regulations are "outdated" and the rules go back to 2002. He said the original ordinance was written "as guidelines" but have become regulations.

The new regulation, which will be voted on tonight, will stipulate that no towers be over 200 feet tall, and regulate the type of towers and their locations in different zoning areas. Commissioners Carson Dailey and John Schoonmaker voiced their support of the new rules.

Archer confirmed that in those county neighborhoods with underground utilities any location of a cell tower would have to go through the County Engineering Department. Archer also said that where commercial buildings are involved the towers should be located near the center of the top of the structures.

Chairman Randy Smith noted a "federal push-down" about cell towers and said the new rules should protect the citizens and still abide by federal regulations.

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Christmas in the City begins Friday

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starting at 5:30 p.m. in anticipation of the 6 p.m. lighting ceremony for the Christmas tree in Krutch Park Extension.

Guy Marshall and Night Colors co-headline the WDVX Holiday Ho-Ho-Hoe-down beginning at 6:30 p.m. on the Market Square stage, after the Market Square stage tree-lighting ceremony.

Knoxville's Holiday on Ice, presented by Home Federal Bank - Nov. 24 - Jan. 7, 2018

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By Steve Hunley, Publisher
publisher@knoxfocus.com

Publisher's Position Happy Thanksgiving!

Here at The Knoxville Focus we are thankful for a great many things. First and foremost we are thankful for God, family and country.

The Focus continues to grow and for that we are also very thankful. For the success The Focus has had, we owe that to you, our readers. We really do endeavor to do our best to be sure we have a newspaper worthy for you to read each week. As we begin this Holiday Season, I want to take a moment to thank each and every reader and my coworkers who have helped The Focus to be successful. The holidays should be a time for family, friends and fun.

All of the folks in The Focus family work very hard every week to make our paper even better. Moreover, every person here at The Focus joins me in thanking you for reading every week.

This Thanksgiving week we want to send you and your family our best wishes. We hope your week is filled with good food, your home filled with love and it is our prayer that God would richly bless and keep you.

All of us here at The Focus wish you every happiness and may you have a truly blessed Thanksgiving holiday. My coworkers join me in thanking you for reading The Knoxville Focus.

Zoning Commission looks at old photographs of Gay St.

By Pete Gawda

At their meeting Thursday morning, Nov. 16, The Knoxville Historic Zoning Commission heard requests from three residential and one commercial applicant.

After considerable discussion the commission approved owners Pat and Robert Mascioli's request to enclose a rear porch on the first floor of a house at 404 11th St. The approval was granted even though staff recommended disapproval based in part on the fact that a 1903 fire insurance map indicated that there was a two story porch open at both levels at the rear of the house. Staff considered the open porch a character-defining feature of the house. In connection with this request, the commission approved installation of a long horizontal window with leaded glass sun burst design on the new back porch wall provided that staff would have final

approval of the widow and could recommend alternate windows.

The commission also spent a considerable length of time discussing Scott Schimmel's request for the installation of signage on the Miller Brothers Department Store building at 445 S. Gay St. The requested sign was to be 8' long, 2'11" high and 12' or 14' thick. Before reaching their decision the commission reviewed photographs of Gay St. in years past with attention to the signs on the buildings. Staff recommended that because of the height of the sign the projection over the street should be limited to 5'. It was noted in the older photographs of Gay St. that the taller signs were generally wider. Schimmel said that in some cases a taller sign extending most of the height of the building denoted that the entire building was occupied by the business advertised. That was not the situation in his case. Also the logo

of his business was more horizontal than vertical. There was some discussion of the applicant making his sign taller. However, in the end the commission agreed to his proposed dimensions.

With some conditions, the commission approved Nick Shaffer's request to build a garage behind his 517 Oklahoma Ave. residence. To preserve the historic appearance of the neighborhood the commission stipulated that the roof material must be dark in color. Since there were no window on the front of the building, the commission decreed that there must be shutters on the front of the building to simulate the appearance of a window. Also, the hinged doors must be constructed in the same manner as the shutters. In addition, the doors on the right side must be hinged or sliding.

Without any discussion the commission approved the request of Robert Whetsel to remodel



Robert Whetsel addresses the Thursday, Nov. 16 meeting of the Knoxville Historic Zoning Commission concerning proposed renovations to his property.

his 1915 era Craftsman house at 1012 Gratz St. There was no opposition from the neighborhood. The owner proposed to reconfigure the front facade to more closely match the way the house was originally built. He also proposed to reopen a portion of the back porch which has been enclosed, install the original back doors, replace a window and extend the length of the

shed dormer roof in order to add another bathroom on the second floor.

In addition to the above actions, the commission heard reports from the staff on requests for minor renovations which did not need commission approval and were approved by staff. Those renovations included replacing asphalt shingles with cedar shingles and repairing gutters for a house at 1903 Jefferson Ave. Staff also approved replacement of asphalt shingles with architectural dimensional shingles and the installation of guttering and downspouts on a house at 941 Luttrell St. Improvements to the front steps and porch of a house at 118 Leonard Place were approved. In addition staff approved construction of a frame pool house behind the main house at 1105 Scenic Dr.

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Two country music divas call Knoxville home

By Mike Steely
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The recent shining successes of two Knoxville country music stars are reflective of the large number of musicians from our county. Knox County has a rich history of musicians, artists, performers, and nationally recognized citizens.

The Emily Ann Roberts encore performance at the October Pink Ribbon Celebration brought down the house as she came back onstage at the end of the event. She is 19 years old and a graduate of Karns High School. The daughter of Tommy and Kelly Roberts, she placed second on NBC's "The Voice" in 2015.

Roberts describes her influences as Patty Loveless and the Dixie Chicks. She loves vintage country music with a modern day twist.

She is based in Nashville now but has returned to Knoxville often to perform at celebrations like "The Mission of Hope," "The NightinGala" and a benefit for a Lonsdale Church. On January 7 she will appear with "Girls and Guitars" at the Fairview Baptist Church on Emory Road in Corryton. She's had two major country music hits.

Kelsea Ballerini was born in Mascot, raised in Knoxville and took dancing lessons until she was ten years old. She sang in church and school choirs and wrote her first song for her mother at age 12. She attended Central High School before moving to Nashville where she

attended Lipscomb University and then sought a career in music.

Her father was a country radio programmer but her early musical interests were more in pop than country. When she heard Keith Urban's "Stupid Boy" she chose to look into country music, picking up the music of Taylor Swift, Sugarland and the Dixie Chicks. She named Shania Twain as a great influence and often sings songs by Alison Krauss.

She recorded her first album at age 19 and it went on to become Gold. She recently co-hosted the Country Music Awards. Her middle name is Nichole.

Nationwide it is known that Dolly Parton is from our neighbor, Sevier County. But there's a long list of entertainers that started in Knox County going back to the early days of country music, especially with WNOX's Mid-Day Merry-Go-Round.

Back in the 1930s musicians such as Roy Acuff and Homer and Jethro drew about 1,000 fans to the WNOX radio studio in the Andrew Johnson Hotel.

Superstar Kenny Chesney called Knoxville home as did the late Archie Campbell. The Everly Brothers, Chet Atkins, Mary Costa and Kenneth "Jethro" Burns did as well.

Other noted musicians from Knox County include Con Hunley, Chris Blue, Ava Barber, Reiley Chambers, Brownie McGhee, Brian Bell, Ashley Monroe, Dave Burns, Didi Benami and Henry D. Hayes.

Short-term rentals on city agenda again

By Mike Steely
steelym@knoxfocus.com

Amendments to the city's new short-term rental ordinance may be offered Tuesday during the Knoxville City Council meeting. The ordinance, which passed first vote two weeks ago on the strong endorsement from Mayor Madeline Rogero, may be amended and passed with the addition of giving current non-owner occupied rentals a grace period of a few months to operate.

Councilman Nick Pavlis brought up the idea when the first-reading passed with only two opposing votes.

The council may also discuss amending the city code dealing with wrecker services operating inside the city including fees to unlock vehicles, towing stolen cars to company lots, etc.

Councilman Nick Della Volpe wants to talk about possible changes and clarification on calculating the density in R-1A low density residential districts.

Two properties, on Fern Street and Tipton Avenue, may be approved for acquisition by condemnation if necessary, on a request from the Department of Community Development.

The council may also accept the donation of 22 Nordic Track machines from the Knoxville Fire Fighters Association for use in the department's exercise program and

two portable ventilation fans for use to ventilate smoke during structure fires.

Parks and Recreation is asking the council to authorize the lease of the Carl Cowan Pool at the Dr. E. V. Davidson Recreation Center to Emerald Youth Foundation for one year with two one-year renewals.

The Public Service Department is asking for approval to contract with Eskola Roofing to re-roof the South Knoxville Community Center in an agreement of \$221,750.

Council members Nick Pavlis and Brenda Palmer want to talk about amending the Charter relating to financial disclosures by candidates. Pavlis is also asking to amend the Charter related to allowing outdoor temporary serving areas.

The police department is asking for approval to execute an agreement with Big Brothers Big Sisters to give \$48,000. The idea is to work with the police department, area churches and community partners to divert youth from criminal activity.

The council may also consider several zoning requests including a Dowell Springs property from Office to Retail and Office Park, an Old Broadway property from SC-1 and C-3 to C-3, and an Anderson Road property from Office to General Industrial.

Rogero asks council to table Historic Overlay

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request. "It's been studied enough but I really don't have a comment at this time," he said.

"It was a difficult issue and the goals on both sides were worthy causes," said Councilman Marshall Stair. He voted for the expansion but added that to "preserve but not displace low income" are the goals.

"I hope we can achieve both of these goals," Stair said.

"This is a council issue, not a mayor's issue and for her to send out that press release is premature," Councilwoman Brenda Palmer told the Focus.

"It's always uncomfortable when it comes to land use," said Councilman

George Wallace, adding, "There's no way to make everyone happy."

"I think it has merit and I supported it," he said of the expansion, adding that postponing a decision might be better than tabling it.

"I don't want to kill it. I think we can get it done in six months or so," Wallace said, adding that the Office of Neighborhoods should get involved and resolve some of the questions about the expansion. Wallace also said he will be absent at Tuesday's regular council meeting. The vote was 6-3 for the expansion and the final vote, with Wallace out, could be 5 to 3 to table the proposal.

"I'm comfortable with it," Councilman Finbarr Saunders said of the mayor's

request. "I'd rather table it," he said, adding that the situation in the Parkridge neighborhood "is greater than just historic."

Voting against the expansion, for varying reasons, were Daniel Brown, Nick Pavlis and Nick Della Volpe.

"We need to work together toward identifying a common vision and common goals. Historic preservation brings many benefits to a community and it will remain an important priority in that conversation," the mayor said.

She also noted that when an item is tabled it can be added to a future agenda with a majority vote by council and adequate public notice.

Teacher Banquet Sponsor Found, Rules Change at Commission

Continued from page 1

Adding the commissioners' per-event funds from \$35 to \$50, which would be in line with the state allowance. Both Commissioners Michelle Carringer and Evelyn Gill said they have been paying admissions to events out of their pockets.

Commissioner Carson Dailey said it has been 10 years since the allowances have been changed and noted "the economy has changed."

The commissioners dismissed the idea of moving their meetings back to 2 p.m. Commissioner Brad Anders, who had voted before to move it, spoke against it noting that an earlier meeting would discourage commission candidates from attending if they worked regular hours.

Dailey, who chairs the Rules Committee, said he saw none of the

commissioners in favor of the time change.

The committee also discussed moving the school system's agenda items, which by law the commission must approve, to the end of a commission meeting in order to give other public business a chance to be heard earlier. While the school's agenda items must be approved the items may be discussed in an open forum.

Commissioners Gill, Carringer, Busler and Dailey voted to move the school-related items to the end of the agenda and Commissioner Brad Anders voted "No." The matter now goes to the meeting tonight.

The committee also voted to allow a public forum during work sessions. The changes now go to the Law Department to translate the changes into legal language.

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Taking Tazewell to Plainview

By Mike Steely
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Ever been to Plainview? Bet you have and didn't know it.

Tazewell Pike is one of those routes out of Knoxville that quickly lead a traveler into farmland and rural communities. Aptly named, if you stay on it you will eventually, but not quickly, get to the town of Tazewell in Claiborne County. The route begins as Old Broadway and then takes a right turn at Pratt's Country Store in Fountain City.

The pike passes north-east past the large Greenwood Cemetery and by the Shannondale neighborhood. When it tops the hill just beyond Beverly Park, Tazewell enters rural Knox County and heads toward Gibbs or Harbison Crossroads. There, as it crosses Emory Road, a sizable commercial district has developed to serve the growing number of residents in Gibbs and Corryton.

Just beyond that intersection is the new road that will serve Gibbs Middle School, now under construction. On the left and right along Tazewell Pike are Gibbs High School and Gibbs Elementary.

Just north of the schools is the Ruritan Park, popular with local people with children.



PHOTO BY MIKE STEELY.

The Plainview City Hall sits just off Tazewell Pike. The little town was incorporated in 1992 and has about 2,000 residents. It is just across the county line in Union County.

The pike continues through farmland and passes Clapps Chapel and Corryton Road to reach one of the little towns many Knoxvilleans don't know much about: Plainview.

The Union County town was incorporated in 1992 and has a city hall and community center with a walking trail and playground. It's just south of Luttrell and Knox County's Corryton is just to the west of Plainview. The little town is located on Highway 131, also known as Tazewell Pike, and the intersection with Highway 144.

Plainview has a five-

member governing council and a two-man police force. Gary Chandler is the mayor and Richard Phillips is vice mayor. Phillips talked to The Focus recently and said that their police chief, David Tripps, is retiring after 11 years there and Eddie Muncey will become chief. Scotty Graves will be the sergeant and there's also one part-time patrolman who is also a Knox County Deputy.

"We're like a little Mayberry," Phillips said. He spoke about the few mom and pop businesses within the city limits and also noted that the city has

a planning commission, zoning laws, and added that most of the residents work in Knox County.

He said that attendance at council meetings "is modest unless we have a business wanting to locate here."

The five-mile radius of the town makes it the largest city, area-wise, in the county.

Plainview's town council meets on the second Tuesday of each month and the city office is open on Tuesday and Thursdays from 9 a.m. until 4:30 p.m.

Thanksgiving Tips from Knox County

Safety tips on preparing turkey and where to dispose of used cooking oil

With only a days until Thanksgiving, here are some safety tips from the Knox County Health Department and the Knox County Fire Prevention Bureau, as well as information on proper food waste disposal from the Knox County Solid Waste Department:

Safe Cooking

Clean and Separate:

- Wash hands thoroughly for 20 seconds with soap and warm water before and after handling food, especially raw meat.
- Wash vegetables thoroughly and sanitize food-contact surfaces after preparing each food item and before beginning the next item.
- Use separate cutting boards for meats, seafood and other foods that will be cooked, as well as ready-to-eat foods such as raw fruits and vegetables.
- Do not rinse raw meat or poultry before cooking; it can spread bacteria.
- Do not put cooked meat back into a container that previously held raw meat.

Cooking:

- Use a food thermometer to ensure meat has reached a safe internal temperature.
- To check a turkey for doneness, insert a food thermometer into multiple locations (thighs, wings, legs and breast) in the thickest portions.
- The turkey is done when the temperature reads 165 degrees for 15 seconds in the thickest parts of the meat. If you choose to cook your stuffing inside the bird, the internal temperature of the stuffing also needs to be verified with a probe thermometer and have reached 165 degrees for 15 seconds to be served safely.

Storage and Leftovers:

- Use the two-hour rule: refrigerate leftovers within two hours of serving.
- Your refrigerator should be set no higher than 40 degrees and the freezer at 0 degrees.
- Hot casseroles and gravies can make your refrigerator struggle to keep the correct temperature. Let hot foods cool at room temperature or in an ice bath to 70 degrees or below before storing in the refrigerator.
- Never defrost food at room temperature. A 20-pound frozen turkey needs two to three days in the refrigerator to thaw completely, so plan accordingly. Cold running water and the microwave may also be used to thaw food, but food defrosted in this manner should be cooked immediately.
- More food safety tips at <https://knoxcounty.org/health/news/news.php?id=410>.

Fire Safety

- Never leave any cooking appliance unattended, especially turkey fryers.
- Because they can catch fire, avoid wearing loose or baggy clothing when cooking. And remember: stop, drop and roll.
- Keep a large lid near the cooking area to cover and smother any stovetop cooking fires.

Turkey fryers:

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Two views of the former Baptist Hospital site. Regal Cinema is moving into the existing office building to the left and the progress on the Riverwalk at the Bridges is well underway. Blanchard and Calhoun Commercial bought the old hospital site from the city in 2013 and their complex will include retail and 600 residential apartments, a walk along the Tennessee River and a large public plaza. Photos by Mike Steely.



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A prayer for Thanksgiving

Our Heavenly Father, we come into your presence with grateful hearts for the many blessings of this year. We thank you for gifts both great and small. For homes and jobs, for health and healing, and for your protection and guidance, we give you thanks. For the sight of a beautiful sunrise on the dawn of a new day, we give you thanks. For the sound of children's laughter



By **Ralphine Major**
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and hymns of praise and for the wisdom of the elderly in our midst, we give you thanks. For the food on our tables this Thanksgiving, we give you thanks. For the joys of friendship and the blessings of family, we offer you our thanks. For those who lift our spirits with kindness and compassion on ordinary days, we thank you for them. For the special day we celebrated

to honor the veterans who have served our country, we are thankful. We do not take lightly their sacrifices or those freedoms for which they fought. O God, we come to you with heavy hearts for those who have suffered much in the wake of hurricanes, wildfires, and violence---even in your house of worship. Comfort those who have lost so much; heal those who have been wounded. We ask that you bless those first responders and volunteers who have answered the call to help those in such

desperate circumstances. On this Thanksgiving, may we be ever mindful that all we have comes from our Creator. The words of a child's prayer echoes in my mind from years ago when the kindergarteners in Sunday School gave thanks for everything they have. "They're not ours," the child said as she prayed. "They're Yours." As you gather with family and friends for this special day, take a moment and reflect on all the blessings God has given for every season of your life. On this last holiday of fall, enjoy



the beauty of our Creator. Have a safe and joyous Thanksgiving!

Picture of a gorgeous fall day, courtesy of Katherine Green

Thanksgiving Tips from Knox County

Cont. from page 1

- Read the manufacturer's instructions thoroughly before using the fryer.
- Use proper oil quantity and thawing methods prior to cooking.
- NEVER use your fryer inside your home, garage or on a balcony or patio.
- Turkey fryers should be set up at least 20 feet away from your home or

any combustible material. This also goes for gas and charcoal/wood burning grills.

- If you are cooking using charcoal or wood, make sure you are disposing of the burnt charcoal in a metal trash can at least 10 feet from your home and that it is covered by a lid.
- Do not place burnt coals in plastic or cardboard receptacles, and never keep them inside your home or garage.
- Coals can smolder and retain heat for days, which

could start a fire.

Candles:

- Scented candles are popular during the holidays around the home and dinner table, and can sometimes be forgotten or inadvertently knocked over. Here are a couple candle safety tips to remember:
- Never leave any open flame candle, or fireplace, unattended.
- Consider using battery powered, flameless candles, which are realistic and safe.

Other fire safety tips:

Remember to change your smoke detector batteries at least once a year. Pick a holiday or time of year, like Thanksgiving or daylight saving time, to replace the batteries. The entire smoke detector should be replaced every 10 years.

- More fire safety tips at <https://www.facebook.com/KCFPB>, <https://twitter.com/knoxTNfire> and <https://knoxcounty.org/fire/>.

- Never pour oil or grease down residential drains or any public storm drains. This can cause costly problems for your home's plumbing and municipal sewers.
- Recycle used vegetable oil for free at all seven Knox County Convenience Center locations:

Carter Convenience Center - 8815 Asheville Hwy.
Dutchtown Convenience Center - 10618 Dutchtown Rd.
Halls Convenience Center - 3608 Neal Dr.

John Sevier Convenience Center - 1950 W. Governor John Sevier Hwy
Karns Convenience Center - 6930 Karns Crossing Lane
Powell Convenience Center - 7311 Morton View Lane
Tazewell Pike / Gibbs Convenience Center - 7201 Tazewell Pike
Waste vegetable oil must be in a closed, non-glass container.

- To avoid rodents and other pests around your trash, consider taking Thanksgiving Day food waste to one of Knox County's seven Solid Waste Convenience Centers.
- Centers are closed Thanksgiving Day, but will be open regular hours Friday, Nov. 24 and Saturday, Nov. 25.
- More information, including hours and locations, at https://knoxcounty.org/solid_waste/.

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By **Randall Baxter**

While researching topics for my radio show, I purchased many books to confirm the stories, I heard and told.

Recently, I have been making these books available to the public. Listed below are the top selling books in my inventory and the number of copies available.

New, these books cost \$20-35. If you are willing to reread a book, most listed below are \$8-\$12. Contact me by email, randallbaxter@randallbaxter.com, and I will reserve it or mail it to you. You can pay by credit card to reserve your books.

Book Title	Quantity	Price	Author	Quantity	Price
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The Lance & Shield Sitting Bull	1	\$8.00	Fifty Five Days	1	\$6.00
Trail of Tears	1	\$8.00	Lrp narrative	1	\$7.50
Bury My Heart at Wounded Knee	3	\$8.00	Riverine Operations	1	\$7.50
Grt Apache Chfs Cochise/ Geronimo	1	\$12.00	To Bare any Burden	1	\$6.00
I Will Fight No More Forever	1	\$8.00	Viet Cong Memoirs	2	\$8.00
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Rush Revere and the Brave Pilgrims	3	\$8.00	D-Day 6th of June	2	\$8.00
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Killer Angels (Gettysburg)	4	\$7.50	Alamo in the Ardennes	2	\$7.50
Knoxville in the Civil War	1	\$10.00	The Longest Winter	1	\$8.00
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The Gentleman From Virginia

Claude Swanson

Pages from the Past



By Ray Hill

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"When the water reaches the upper levels, follow the rats."

Quote attributed to Claude A. Swanson

Claude Augustus Swanson was already something of a vestige of a time gone by as he approached the end of his life. Tall, stately, with a full head of hair and a bushy moustache, the immaculately dressed Swanson had occupied just about every public office available to a man of ambition. At various times, he served as a congressman, governor, United States senator, and Secretary of the Navy. Swanson was a clever and wily politician; for a time, he was the most powerful officeholder in Virginia.

Born March 31, 1862, the American Civil War was not even a year old when Claude A. Swanson entered the world. The future senator was born in Swansonville, Pittsylvania County, Virginia. Claude Swanson was one of seven children and unlike most of his political contemporaries, good fortune had smiled upon him, as his father was a prosperous tobacco merchant. Yet the Lady Fortune is quite fickle and Swanson's family suffered when the tobacco market collapsed in 1876. Swanson, well educated, spent a couple of years teaching, but there, too, his fortunes dwindled. Virginia failed to make appropriations for schools and Claude Swanson used the opportunity to further his own education, attending a brand new state agricultural college. Eventually, Swanson joined his brother, John, working as a clerk in a grocery store.

Claude Swanson possessed considerable charm, even as a youth, and was industrious. While attending Randolph - Macon College, he won several oratorical contests, became editor of the student newspaper and was noticed by leaders of the Democratic Party in Richmond. Swanson's talent for public speaking had caught the attention of others when he first made a speech while speaking before a Sunday School convention. Three prominent local businessmen were so impressed, they offered to finance his education. Swanson politely declined the offer, but did say he would gladly accept if they were to loan him the money to further his education. The businessmen were even more impressed and quickly agreed.

It was while attending Randolph - Macon that he also met Miss Elizabeth Lyons, who became his wife in 1894. Swanson went on to attend the University of Virginia, where he earned

a law degree in 1884. Swanson quickly became a successful attorney and enjoyed a busy practice.

Swanson won his first election before wedding Elizabeth Deane Lyons; he was elected to Congress in 1892, representing Virginia's Fifth District. Several counties inside his district had the unfortunate habit of voting Republican and he survived at least two election contests to remain in the House of Representatives. Congressman Swanson horrified some of the more conservative and staid members of his own Democratic Party when he loudly subscribed to William Jennings Bryan's inflationary monetary policies. The Democratic Party at the time was nearly torn asunder by Bryan's pro-silver advocacy and those Democrats who favored the gold standard, rallied around former president Grover Cleveland. Swanson's position did not seem so outlandish following the depression of 1893 and several other Virginia congressmen were soon praising Bryan's fiscal policies.

Many Virginians could no secure credit following the depression of 1893 and many of the more conservative Democrats also happened to be creditors. Many of those same Democrats were appalled by Congressman Claude Swanson and the Richmond Times thought him a socialist, if not a communist.

Swanson believed in direct election of United States senators (they were elected by state legislatures when he first went to Congress), championed the free delivery of mail to rural Americans and supported an income tax for the wealthy. When Congressman Swanson landed a spot on the powerful House Ways and Means Committee, many conservatives were not comforted.

Married, successful, and seemingly secure inside his Congressional district, Claude Swanson bought an estate that would remain his true home for the remainder of his life. Swanson bought "Eldon", one mile east of Chatham, Virginia. Swanson renovated the home and under his ownership, it was both his home and a working farm that provided produce, meat, and additional income.

The key to Swanson's electoral success was his personality and his devotion to doing all he could for his constituents. Swanson was a very friendly man, readily approachable and he genuinely liked and enjoyed people. Swanson also had the knack for forgiving enemies. Carter Glass, then a Congressman, waged a hard fought campaign against Swanson in 1910.



FROM THE AUTHOR'S PERSONAL COLLECTION.

Secretary of the Navy Claude A. Swanson (right, smoking) and Secretary of Commerce (left) decked out to attend the annual Jackson Day Dinner in Washington, D.C. in 1936.

It was an exceptionally bitter campaign and Senator Swanson gave Glass one of the rare defeats in his own long career. The two would later serve Virginia together in the United States Senate and Swanson extended the hand of friendship to Carter Glass and they became good friends.

One of Senator Glass's own friends observed he was quite surprised by the change in Glass's attitude toward Claude Swanson. Glass admitted he had become devoted to Swanson and asked, "How can you resist a man who always goes out of his way to be so friendly?"

Swanson also, realizing people liked to be remembered and called by name, was served quite well by his own memory. Senator Swanson became legendary for his ability to meet a person a single time and recall not only that person's name, but details about that person.

Claude Swanson also employed humor, much of it at his own expense, to soften the reaction of critics. After being charged with being a "fence sitter", Senator Swanson drawled, "I have never known but four men who could sit on a fence when a battle was raging, without being knocked off - Napoleon, Lee, Jackson, and Swanson."

Swanson was also an excellent judge of both character and politics. When the Democratic National Convention seemed to be at an impasse in choosing between popular House Speaker Champ Clark and New Jersey Governor Woodrow Wilson as its nominee in 1912, Swanson astutely summarized the situation.

Swanson approached his senatorial colleague, Thomas Martin, the boss of Virginia politics and concluded Virginia was had "taken a fall on the political ice and if they lay still on the ice any longer they would catch political pneumonia." Senator Martin looked at his colleague, who smiled and said, "Let's get up in the morning and go skating with Wilson."

Virginia's support for Wilson helped to break the impasse and Woodrow

Wilson was nominated for and elected president.

After winning election to the U. S. House of Representatives seven times, Swanson was elected governor in 1905. Swanson resigned from Congress on February 1, 1906 to take the oath of office as governor. Governor Swanson reformed Virginia's state government and lessened the influence of the legislature, which had been quite influential under past administrations.

As governor, Swanson insisted school superintendents be more professional, forced the State Corporation Commission to approve higher taxes on corporations as well as lower railroad rates, which helped farmers. It was Claude Swanson who started building Virginia's first modern highway system.

Claude A. Swanson was not eligible to succeed himself as governor and left office February 1, 1910, but death resuscitated his political career. Senator John W. Daniel, an old former Confederate, had been in failing health for sometime. Senator Daniel had suffered a stroke in 1909 but recovered. He had been reelected to a fifth term in the Senate in 1910, but had another stroke, which left him partially paralyzed. Retreating to a sanitarium for both treatment and to recover his health, Daniel died of a cerebral hemorrhage on June 29, 1910.

Swanson was quickly appointed to fill the vacancy on August 1, 1910 by his successor as governor, William Hodges Mann. Swanson would win reelection to the U.S. Senate four times and remained at the pinnacle of Virginia politics for decades. He easily turned back attempts to deny him reelection by other able politicians. Senator Swanson suffered a terrible personal loss in 1920 when his wife died. Three years later, he married his late wife's sister, Lulie.

During his time in the United States Senate, Swanson became a passionate advocate for the Navy. Some jokingly called him "Big Navy Claude" Swanson. Swanson was

one of the more senior Democrats in the Senate, but much of his time in the Senate was while the Republicans were in power. The exception was 1913 - 21 when Woodrow Wilson was president. Swanson was a strong supporter of President Wilson and a partisan Democrat.

By the time it appeared the Democrats were about to return to power, his own power was facing a determined challenge from former governor Harry F. Byrd. It would be a tough contest and Senator Swanson was beginning to ail. Swanson tried to maneuver Byrd out of the Senate race by seeking an appointment for the former governor to Franklin Roosevelt's Cabinet. Roosevelt offered Virginia's other senator, Carter Glass, the Treasury Department, which he had headed under the administration of the late Woodrow Wilson. Glass, dubious about FDR and his program, preferred remaining in the Senate. Finally, it was Claude A. Swanson who was offered a job in Roosevelt's Cabinet. FDR selected Swanson to serve as Secretary of the Navy and the Virginia senator accepted, making way for Harry Byrd to come to the United States Senate.

Swanson refused to resign his Senate seat early so Byrd could acquire seniority, holding his office until the very last moment before being sworn in as Secretary of the Navy.

President Roosevelt had been an Assistant Secretary of the Navy under President Wilson and loved all things naval. Swanson was a good pick to serve as Secretary of the Navy; he was well-liked on Capitol Hill and was uniquely positioned to petition for greater funding for the Navy, a position he had long advocated while serving in the Senate.

By 1936, most every shipyard in the country was preoccupied with building ships for the Navy. Swanson gloated when he helped to shepherd through Congress the largest peacetime appropriation ever given the Department of the Navy in history. When Claude Swanson first became Secretary of the Navy, the

U. S. Navy was comprised of 155 ships. By the time of his death in 1939, there were 272 ships either on the seas and oceans or under construction. One such ship was the U.S.S. Swanson, named for the Secretary of the Navy and christened by his wife, Lulie on November 2, 1940. The U. S. S. Swanson rests at the Battleship Cove Naval Museum in Fall River, Massachusetts.

Even so, there were those in the Roosevelt administration who questioned Swanson's effectiveness and he was certainly in a serious physical decline. One New Dealer demanded to know why Roosevelt kept Swanson in office and the president replied the Virginian "depended on his salary" to live and FDR confessed he just "didn't have the heart" to fire the elderly gentleman.

FDR fudged the facts a bit, as Swanson, while not wealthy, was well-fixed and comfortable. Swanson's health continued to fail and he died on July 7, 1939.

While he had no children, Claude Swanson's second wife, Lulie, did have a son from her own previous marriage. In 1955, Douglas Deane Hall made an address at the opening of the Claude Swanson Junior High School in Arlington, Virginia. Mr. Hall recounted Swanson's long career - forty-six years in high office - for his audience.

Hall related that Claude Swanson had told him of all the offices he had occupied, he most enjoyed being governor of Virginia. Swanson is still rated as one of the best governor's in Virginia's history. When Claude Swanson left office as governor, the Carnegie Foundation released a statement saying, "Probably no educational development in any state in the Union is more marked than that which is represented in the Old Commonwealth of Virginia."

Professor Henry C. Ferrell has written an outstanding biography on Claude A. Swanson, likely the definitive work on Swanson's life and career. It is an excellent book.

Responsibilities

Too many students fail to complete assigned work. Heck, some of them don't even take notes on information given either orally or written, even though they receive a grade for doing



By Joe Rector
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also. It's enough to make any teacher's blood boil. The bottom line is not enough young people are being held accountable for their actions or inactions. The key word is "responsibility." I learned this quality early in life, and it's stuck with me, for the most part, throughout the years. The lessons were usually hard ones, but they impressed upon me

the importance of the personal characteristic.

On Saturdays when my brothers and I were young, Mother required us to clean the house. Each of us had rooms that we were to take care of. The

work included vacuuming, dusting, and scrubbing.

We began the day with a big breakfast. Mother made pancakes or waffles and bacon. Afterwards, we waddled back to the television set to watch cartoons or, as we grew older, "American Bandstand." Bellies full of carbs and sugar made us sleepy and lazy. That lasted for only so long.

Mother would call through the house for us to get busy cleaning. It wasn't as if she were sitting around; a full list of jobs awaited her as well. We boys yelled back, "OK," but our acknowledgements weren't followed by any movements.

Before long, my dear mother lost patience with us. She would come to the den, stick out a crooked index finger, and warn us that beginning the cleaning would be in our best interest. The term "or else" was enough to send three boys scurrying.

On one occasion, we ignored Mother's request so long that she chucked a container of Vaseline from one end of the hallway to the door that led to the

basement. Realizing how much that object would have hurt if it had made contact, we boys jumped to attention and got busy.

The summer before my senior year, I was involved in an auto accident. A car nearly ran me into a ditch, so I decided to chase him. I pulled into a driveway, looked both ways, and pulled out into the road. A sheriff's deputy was chasing the car, but he had no lights or siren on. He hit the back fender of the car and found himself in the same ditch I'd nearly been run into. I took responsibility for the accident, but the sheriff's investigation determined that the officer was, instead, at fault. I shouldn't have tried to

chase down the other car in the first place.

As teens, Jim and I needed to work to earn spending money and savings. Our first jobs were at the Copper Kettle. There we worked serving curbside orders. The work wasn't too difficult, but the hours were brutal. We worked until 11:00 p.m. and then cleaned the curb and serving area until midnight. Our next job was with the City of Knoxville. A group of teenaged boys were hired to cut weeds on rights-of-ways, clean alleys, and pick up garbage. Other jobs included working at Burger King and at the UT farms.

At the end of the summers, we had saved enough money to use for activities

and other things throughout the year. We gained a sense of pride from working; neither of us ever wanted to ask Mother for money since she had so very little of it to spare. To this day, Jim and I stay busy at some kind of work, and we still believe in working hard for the money that we earn.

I hope that the youth of today learn the same kind of responsibility. No, my brother and I aren't special. Many of our friends learned the meaning of responsibility during those early years. We appreciate the lessons. Amy and I instilled the same quality in our children, and they have proven to be responsible adults. That statement would make any parent proud.



Rosie's World

Pumpkin Season

sinewy pulp and seeds and I never got the eyes, nose, and mouth properly situated. No, I don't do that any more, I buy good old Libby's canned pumpkin for my recipes.

Did you know there are many health benefits to eating pumpkin? Just 1/2 cup provides 100% of the recommended daily intake of vitamin A which aids vision. It is also a rich source of the antioxidant beta carotene and one cup of pumpkin has more potassium than a banana! Pumpkin seeds are also good for you. They are packed with magnesium, protein, zinc, and copper. Toss them with butter and salt and roast them in the oven.

When it came to making delicious desserts and other fabulous recipes, pumpkin is my choice.

DINNER IN A PUMPKIN:
(For those who use the round pumpkin)

- 1 medium pumpkin
- 1 tab. oil or butter
- 1 small onion, diced
- 1 c. sliced fresh (or canned) mushrooms
- 1-8oz. can water chestnuts
- Salt and pepper
- 1-1/2 lbs. ground beef
- 1 can cream of chicken soup
- 1/4 c. brown sugar
- 2 tab. soy sauce
- 4 cups cooked brown or white rice
- 1. Preheat oven to 350

degrees

2. Line a baking sheet with foil
3. Thoroughly wash and dry the outside of the pumpkin.
4. Cut the top off the pumpkin and clean out the pulp and seeds. Place the pumpkin on the baking sheet. Save the top.
5. In a large skillet, sauté the onions and mushrooms in oil or butter. Add ground beef and cook until no longer pink. Drain the grease from the beef. Add salt, pepper and water chestnuts.
6. In a large bowl, mix soup, brown sugar, and soy sauce. Add ground beef mixture and cooked rice.
7. Empty bowl into the cleaned out pumpkin and

replace pumpkin top.

8. Bake for one hour on the lower rack of the oven, or on the rack where the pumpkin can be most centered in the oven.

9. After one hour, remove the top and check the sides of the pumpkin for doneness. The outside of the pumpkin will turn a dark orange, and the inside of the pumpkin should be tender and easily scoop off the sides with a spoon. If the inside of the pumpkin is still not fully cooked, bake for an additional 10-15 minutes. The cooking time will vary on the size of the pumpkin. Using hot pads, place the pumpkin onto a serving plate, remove the lid, and stir. Be sure to scoop off

chunks of cooked pumpkin into the casserole as it is served. That's the best part!

Happy Thanksgiving and a sumptuous pumpkin season!

Thought for the day: Are you humbly grateful? Or grumbly hateful? Pastor Roland Smith

Send comments to rosemerrie@att.net. Thank you.



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Happy Thanksgiving

We wish you many special moments and memories with friends and family this Thanksgiving week.



TSSAA FOOTBALL PLAYOFFS

Knox Catholic beats Oak Ridge, stands one step away from state title game



PHOTO BY KELLY KEARSE

The Catholic Fighting Irish brought the wood to Oak Ridge and Blankenship Field Friday night.

By Alex Norman

For the first time ever, Knoxville Catholic faced Oak Ridge in a football game, and the stakes were pretty high. The winner would advance to the state semifinals in Class 5A.

The Irish offense was sloppy at times, but they mixed the run and the pass efficiently on their way to a 37-28 victory at historic Blankenship Field on Friday, November 17th.

"At this time of year you try to win and advance. Obviously you want to play perfect but we were far from that tonight," said Knoxville Catholic head coach Steve Matthews. "It's been a long time since we have been in a close game, been several weeks... so this was a good thing for us. But hats off to Oak Ridge. They played outstanding and played us to the very end."

The opening stanza couldn't have been scripted any better for the Irish. A long kick-off return from D.J. Mitchell gave Catholic the football at the Wildcats 15. Facing 4th and 3 from the 7, the Irish went for it, and were rewarded when quarterback Jack Sompayrac kept the football and scampered in for the score.

The game was only 99 seconds old, and Catholic was on top 7-0.

In the second quarter, Stiles Moore recovered a Wildcats fumble, giving Catholic possession at the Oak Ridge 16.

It looked like the Wildcats would hold the Irish to a short field goal attempt. But an off-sides flag moved the football to the 3, and allowed Matthews to change his mind. They went for it on fourth down. Joshua Brown powered his way over the goal line, and Catholic was on top 14-0. Brown rushed for 63 yards against the Wildcats.

This was a chippy game at times, and nowhere was this more evident than in the trenches.

"I came into this game banged up so I know they were targeting me," said Knoxville Catholic senior offensive lineman Cade Mays. "They load the box every play... cut me every play. But if you want to get down and dirty? Let's do it. Let's do it."

In the third quarter, with the Irish on top 14-6, the Irish went on a 53 yard touchdown march. One of the big plays was an 18 yard pass from Sompayrac to Cameron Blakely on 3rd and 13. Joe Fluker finished the drive with a 10 yard touchdown run, and it was 21-6.

A Mitchell interception once again put Catholic (10-3) on a short field. Starting at

Continued on page 3

Alcoa Overcomes First Half Sloppiness to Beat Austin-East

By David Klein

In the 3A State Quarterfinals, the Alcoa Tornadoes had four different players score touchdowns, shook off some first half penalties, and used a power running game with good defense to beat the Austin-East Roadrunners 34-14. With the win, the Tornadoes host Red Bank Friday at 7 p.m. in the 3A semifinals.

Alcoa had 254 yards rushing on 51 attempts for a 5-yard per carry average and was 8 of 12 passing for 162 yards.

The Tornadoes got on the board first on quarterback Walker Russell's 50-yard touchdown pass to C.J. Armstrong with 3:12 left in the first quarter to give Alcoa a 7-0 lead.

Austin-East tried to answer, but Roadrunners' quarterback Chris Hunter threw an interception to Tyler Boyd. The Tornadoes took over and scored on Russell's 3-yard touchdown run. Russell faked the jet sweep end around hand-off on the score to take a 14-0 lead.

Despite being down two scores, the Roadrunners came storming back in the second quarter. Aided by several penalties and a fumble recovery by Colby Colquitt, the Tornadoes used the running of quarterback Chris Hunter to move the ball into Tornado territory.

An unsportsmanlike penalty put the ball on

Continued on page 4

Cummins kicks Central past South-Doyle, 15-14

By Steve Williams

A stubborn defense, a potent rushing attack and an outstanding kicking game made up the recipe for Central High's Class 5A quarterfinal win. There were no secret ingredients.

Bryson Rosser mixed it all up for a delicious 15-14 come-from-behind victory over South-Doyle at Billy K. Nicely Field Friday night.

Now the Bobcats are licking their chops to play mighty Catholic this Friday in Fountain City. Kickoff is at 7. The desert will be a trip to the BlueCross Bowl and the TSSAA state football championships in Cookeville.

Ian Cummins kicked a 47-yard field goal with 6 minutes and 48 seconds left to cap Central's comeback. The Cherokees got two more chances on offense but couldn't get closer than the Bobcats'



PHOTO BY SHELLEY JOHNSON

South-Doyle junior playmaker Ton'Quez Ball looks for running room against a tough Central defense in Class 5A quarterfinal action Friday night. The Bobcats pulled out a 15-14 win.

45-yard line.

A desperation bomb to South-Doyle playmaker Ton'Quez Ball was intercepted by Edward Brodie at the Central 16 with 16.6 on the clock.

"All you want is a chance in the playoffs and our kids came out and did an unbelievable job," said Coach Rosser. "I couldn't be more proud of the kids and the coaches."

Rosser had confidence in his senior kicker.

"Ian is an unbelievable kid and a great kicker," he said. "I just can't say enough about him and the

Continued on page 4

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Bruins open conference play with victory over Warriors

By Ken Lay

Ben Zorio had to give his Bearden Middle School boys basketball team a little tongue-lashing in its Knox County Middle School Conference opener on Monday, March 13 at Whittle Springs.

The Bruins got off to a fast start but they would let a lead get away and have to come back to notch a 47-35 victory over a talented and athletic Warriors squad.

"I really like the way the team responded to a little adversity and I like the way that they played over here in a hostile environment," Zorio said. "I felt like we kind of fell asleep early in the third quarter.

"So I took a timeout and I had to get after them a little bit. After I called the timeout, I felt like the boys played a lot better."

The Bruins, who led 11-7 after the opening frame, managed to expand that advantage to 19-14 by halftime. But the Warriors (1-1 overall, 0-1 in the conference) simply wouldn't go away.

Whittle Springs used a modest 9-4 third-quarter run to tie the game at 23-23. The Warriors closed the frame with consecutive baskets. Denaj



PHOTO BY KEN LAY.

Whittle Springs guard Taj Kimber (5) is surrounded by a host of Bearden defenders including Altin Perry and Charles Loury. The Bruins used a late run to defeat the Warriors 47-35 early last week.

Kimber made the score 23-21 with 1 minute, 48 seconds remaining in the third stanza before Damir Holt knocked down a shot at the buzzer to help Whittle Springs pull even after facing an uphill battle all night.

A free throw by Altin Perry enabled the Bruins (6-0, 1-0) to regain the lead early in the final frame before a bucket by Kadell Robinson gave the Warriors a 25-24 lead with 5:21 left in the game.

Bearden then turned the ball over and Whittle Springs extended its lead to 27-24 when Holt scored

a short time later.

The Warriors would eventually pull ahead 33-27 midway through the final frame before Bearden erupted and closed out the game on a 12-2 run.

Zorio said that his veterans stepped up down the stretch.

"I really like the way that we battled back and I liked the way we got some leadership from our eighth graders," Zorio said. "I like the way that some of our older kids stepped up."

Bearden was finally able to erase its fourth-quarter deficit when Perry converted a lay-up, after making

a steal, to make the score 32-32. He was fouled on the play and made his foul shot to make the score 33-32 with 2:38 to go.

Perry, who scored 20 points in the contest, scored 10 down the stretch to help the Bruins nab an important early-season road victory.

Will Biven added 10 for Bearden and Ryan Neal finished with eight.

Holt and Ratyler Lee each scored eight points to lead the Warriors while Taj Kimber and Robinson added six apiece. Denaj Kimber finished with five.

Lady Bruins notch road win at Whittle Springs

By Ken Lay

Bearden Middle School girls basketball coach Clark Bowling didn't have many complaints after his squad opened the Knox County Middle School Basketball Conference with a road victory on Monday, Nov. 13.

"This was a really good team win for us," Bowling said after the Lady Bruins notched a 45-19 victory at Whittle Springs. "Overall, it was a good effort and I feel like our girls hustled.

"I feel like our girls played hard." The Lady Bruins (4-1 overall, 1-0 in the KCMSCB) put up a stellar defensive effort throughout the contest. Bearden was particularly stingy early as it kept the Lady Warriors (1-1, 0-1) off the scoreboard in the first quarter.

The Lady Bruins opened the game on a 13-0 run and their defense set the

tone early.

Whittle Springs had just two field goals over the first 12 minutes but both were 3-point shots by Jayda Womble. Womble also made a free throw in the second stanza and she would lead all scorers in the game as she finished with 16 points.

But she didn't get much help from her supporting cast.

Bearden, which all but put the game out of reach, with its opening surge, continued to build its lead throughout the contest. The Lady Bruins held a 28-8 advantage at halftime and expanded their lead to 41-15 by third quarter's end.

Maddie Brillhart paced a potent and balanced offensive attack for the Lady Bruins as she scored 15 points. Abby Gray and Hunter Johnston each added nine for Bearden while MaeRae Bollig finished with six.

Ice Dawgs shut out Warriors 4-0 in KAHA action

By Ken Lay

Bearden Ice Dawgs coach Mike Raleigh entered Wednesday night's Knoxville Amateur Hockey League High School game against the Knoxville Warriors wanting to see his team get more shots on goal.

The Ice Dawgs delivered and the result was their first victory of the season. Bearden peppered Knoxville goalkeeper Blaine Moyers with 32 shots en route to a 4-0 victory over the Warriors at the Icearium.

The Ice Dawgs got the first 10 shots of the contest and that's just what

Raleigh, their first-year head coach wanted to see.

"We've talked about that and we've been working on that in practice," Raleigh said. "We wanted to get more shots and we were able to do that."

Moyers was able to limit the damage but he had a busy night as he made 28 saves against the Ice Dawgs (1-1-1).

Bearden, however, took a 1-0 lead David Raleigh beat Moyers with a shot with 5 minutes, 34 seconds remaining in the first period. Nick Knights picked up an assist on Raleigh's

Continue on page 4

Admirals remain unbeaten in high school hockey

By Ken Lay

The high school hockey season is three games old and the Farragut Admirals have established themselves as a dominant force in the Knoxville Amateur Hockey Association High School League.

The Admirals, the 2016-2017 Blue Division State Champions, won their third consecutive game as they routed the Knoxville Knights 8-1 Wednesday night at the Icearium. With the win, Farragut assured that it would be undefeated heading in to the Thanksgiving Break.

The Admirals (3-0) are alone atop the standings after the first round of league play. The Knights and the Bearden Ice Dawgs each have 1-1-1 records and are tied for second while the Knoxville Warriors are 0-3.

Farragut, which outshot Knoxville 37-7, opened a 2-0 lead in the first period as veterans Ryan Preiss and Kenny Richter each scored unassisted goals in the frame.

Preiss scored first to give the Admirals a 1-0 lead with 9 minutes, 10 seconds remaining in the opening frame. Richter tallied with 1:16 left and from there, Farragut never looked back.

Admirals coach Jeff Lindsay is always one to make an understatement.

"We're pretty strong this year," Lindsay said. "We have a lot of experience and a lot of veterans."

Those veterans stepped up big for Farragut on this night. The Admirals scored four goals in the second frame and Preiss assisted

on three of those markers.

Jason Kinneary, George Hu and Christian Callahan were all beneficiaries of Preiss' assists.

Emerson Southern made the score 6-0 with an unassisted tally made the score 6-0 with 3:51 left in the second stanza.

Lindsay said that some younger players impacted the game in the second period.

"We need to get some of our younger guys the puck and I made sure that we did that in the second [period]," Lindsay said. "We need to get them some experience."

"I told my older players to move the puck around in the second period."

Preiss polished off a five-point night as he scored his second goal of the contest midway through the final frame. Kinneary assisted on that marker.

The Knights picked up their lone goal of the game when Ashton Barnard scored with 5:12 left to go in the contest. Camden King Hutchinson assisted on Knoxville's goal.

The Admirals would answer when Thomas Gragg scored off an assist from Southern in the waning seconds of the game.

Area teams return to action on Wednesday, Nov. 29 as the Admirals play the Ice Dawgs at 6:40 p.m. The Knights play the Warriors at 8:05.

Farragut beat Bearden 9-4 in the first meeting between the two rivals on Nov. 1 while the Knights edged the Warriors 4-3.

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Friends and football help Oliver Springs player beat cancer

By Steve Williams

Lane Lee recently finished his sophomore season as an inside linebacker on the Oliver Springs High School football team. Last November, he was still battling leukemia after missing his freshman season with the cancer.

His recovery brought great joy to his family and friends and the entire community of Oliver Springs, which is located just over the hill from Oak Ridge and where three counties – Anderson, Roane and Morgan – come together.

Scenes in a popular movie, *October Sky*, were filmed in Oliver Springs in 1999 and put the small town on the map for a while. It was a movie about a high school boy from a coal mine town who was so inspired by Russia's orbiting satellite Sputnik in 1957, he wanted to build rockets himself.

Hollywood could make another movie about Lee's comeback story. It has been heartwarming and inspirational.

And it has made for a much happier Thanksgiving for many this year.

"Yes sir, I'm grateful for it," answered Lane when asked how he would



PHOTO BY STEVE WILLIAMS

Sophomore Lane Lee listens as Oliver Springs works on defensive alignments prior to its second-round playoff game against Greenback. Lee missed his freshman season battling cancer.

respond this Thanksgiving regarding his recovery. "No words can explain it. I'm just grateful."

Lee and the Bobcats had just finished their final practice session prior to a second-round TSSAA Class 1A playoff game at highly-rated Greenback.

Landon White, a friend of Lane since the first grade,

stayed for the brief interview session and shared his feelings about what Lee went through and how it has affected him.

"From a friend's standpoint, it was one of the worse things you could ever have to look at or go through," said White, a starting outside linebacker for OS. "Just having

somebody who used to be OK and you used to hang out with be in that kind of condition ..."

It was hard for Landon to finish putting those feelings into words.

"I just take everything a little bit more into consideration before I do it," he added, "because you never know who this could

happen to next."

With the sun going down as well as the temperature on this late fall afternoon, Ashley Lee, Lane's mom, was waiting to take her 15-year-old son home, but she took time to reflect on the past year.

"We've went through a rollercoaster of emotions over the last year," she

said. "Lane at this time last year was at his lowest low with the chemo therapy really taking a beating on his body. But then we found out in December that he was cancer free and he was able to return back to school in January.

"He knew that from the minute he was diagnosed with leukemia that he was going to be back out here on this field," continued Ashley. "He's very passionate about the game, the love for the team and the love for the sport, so that drove him to fight harder to get better. So, here we are."

A day probably doesn't go by that Ashley Lee is not thankful.

"Everyone in our community supported him," she said. "They prayed for him. I feel like he's not my son anymore. He belongs to this community."

Are you going to the game at Greenback?

"I wouldn't miss it for the world," she said, her voice filled with joy and anticipation.

(Parts 2 and 3 of the comeback story on Lane Lee will be in *The Focus* Nov. 27 issue)

Knox Catholic beats Oak Ridge

Cont. from page 1

the Oak Ridge 34, the Irish actually went backwards for a yard. But on 4th down and 11 from the 35, Sompayrac went for it all. A deep ball for Blakely, who made the catch despite being double covered in the end zone.

Three Catholic touchdowns happened on this night when they gambled on fourth down.

"We are an aggressive team on fourth down... we feel like we have a shot at it," said Matthews. "We trust our quarterback and trust what we are doing on offense and tonight we were able to make some plays."

The Irish were up 28-6, but Oak Ridge (10-3) didn't quit. With just over 6 minutes to go it was 28-20, and Catholic had a fourth down at the Wildcats 35. They lined up for go for it yet again. Instead, Sompayrac did a pooch punt, which worked perfectly.

"We practice that every Thursday. The key is do you trust your linemen to go cover, and that's always scary," Matthews said with a smile. "But it was a great kick and the guys did a great job downing it inside the 1.

I thought that was a huge play that really turned the momentum."

A few plays later the Wildcats were flagged for holding in the end zone, giving Catholic a safety, and it was 30-20.

A 27 yard touchdown pass from Sompayrac to Dashon Bussell with 2:30 left put the game out of reach. Sompayrac had 177 passing yards and two touchdowns through the air on the night.

Next up, it's a date with Central, with a trip to Cookeville at stake. The week ahead is a special one for the Irish, with a chance to practice on Thanksgiving Day.

"I've been lucky in the last 6 years this is my fourth (Thanksgiving Day practice). The players love it. We will hang out on Thanksgiving and they go and spend time with their families. But it means you are one of the top 4 teams in Class 5A."

"I love my team. I love my brothers. We are closer now than we have ever been," said Mays. "This is my fourth year with most of them, and I want to go out with that ring, and we won't settle for anything less."

A GLANCE BACK AND A LOOK AHEAD

It's Central (David) vs. Catholic (Goliath) in semifinals

By Steve Williams

Turn on the lights. Restock the concession stand. Spruce up the place. There's going to be another high school football game at Dan Y. Boring Stadium and Joel Helton Field this season after all.

A big one, too.

Central will host Knoxville Catholic Friday night in the TSSAA Class 5A state semifinals. Kickoff is at 7.

Trash talking on social media may have already started.

All three of Central's playoff wins have come on the road.

On paper, Catholic looks like a huge favorite to win the game.

Central is 8-5 and was rated No. 89 in the state, counting all classifications, in Sonny Moore's Computer Power Ratings prior to last week's quarterfinal

win at South-Doyle.

Catholic is 10-3 and was rated No. 5 in the state "overall" before it eliminated Oak Ridge.

In Moore's Class 5A state ratings, Catholic was No. 1 with a 140.18 rating and Central was No. 17 with a 112.20 rating.

Based on those ratings and a two-point home field advantage, the Bobcats are 26-point underdogs.

Central lost to Catholic in a region game last season. Two years ago, the Bobcats defeated the Irishmen at Catholic.

Catholic's in-state losses this season came against No. 1 rated Brentwood Academy and No. 2 rated Maryville.

"Catholic is an unbelievable team," said Central Head Coach Bryson Rosser. "They do a lot up front. Obviously, they've

got some key players. They've got some playmakers on the outside. They're tough to defend and tough to score on, but that's the beauty of the challenge. It's the playoffs and we'll be at home, so anything can happen."

Oak Ridge Coach Joe Gaddis last week said Catholic's offense was the best he had seen in his 35 years as a high school coach.

"They definitely put up good numbers," said Rosser. "They've got a lot of good production. The coaching staff does a great job with the athletes that he (head coach Steve Matthews) has. He really puts you in a bind as a defense."

Calling it a super challenge may be an understatement.

"Anybody who plays

Catholic is facing a challenge," laughed Rosser. "We'll be up for it. It's a semifinal game. Anything can happen. We feel good."

A David versus Goliath matchup?

"Probably so," chuckled Rosser.

You like it that way?

"Yeah, we prefer it that way." Coach Matthews, on the other hand, said: "Central has a knack for getting hot at the right time. This is two years in a row that I've seen them playing great football in the playoffs."

HOLIDAY SCHEDULE: Matthews said Catholic will practice Monday and Tuesday, starting at 3:30 and Wednesday and Thanksgiving Day beginning at 9 in the morning.

November is Epilepsy Awareness Month

Leigh Ann and Anna Grace Stephens

My daughter Anna Grace has refractory epilepsy. She had her first seizure in 2014. It was a tonic clonic seizure. I rushed to the hospital, where my dad took her, where she had a CT scan and EEG. She had several small episodes in the car on the way over and had another seizure during the EEG. We then had the diagnosis of epilepsy and were sent home on medications and had a follow-up doctor visit within a few weeks. After a year her seizures were not controlled and we saw several different types and had many EEG's. She was in the hospital twice and she was in status during one ambulance ride in 2015. None of the medication combinations worked.

Then in September of 2016 everything changed. We were scheduled for an EEG and I asked the doctor where else we could go to seek another opinion. We would then travel to Vanderbilt and our lives changed dramatically. We met Dr. Reddy and her team and she gave us hope. We spent 6 days at Vanderbilt where medication was tweaked, tests were ran and we spoke with a surgery consultant.

Surgery is something I did not know was even possible or an option. Soon, I received the phone call that she could have surgery but would

need more testing and we went to Memphis for that. For 9 days, she was in a monitoring unit. Several days went by and no seizures, then they took her off her medication completely and for 3 days she had many seizures. Electrodes had been placed all over her now shaved head to make her arm, leg, finger or face move. They needed to know where her motor strip was so the surgeon didn't cut it out when she had the surgery. She had a right frontal lobectomy in March 2016 that took 60% of her right frontal lobe. I was told to expect her to not walk.

The next morning when OT and PT came to see her though, my brave 12-year-old girl got up and walked around the ICU. I was in tears of joy! We went home after 5 days of recovery. Recovery has been difficult and she has had a lot of bumps.

We have a new normal now and a new Anna Grace. She has not had any seizures since her surgery. She is back in school full time and is doing great with her school work. God has been so good to bless us throughout this process.

The Epilepsy Foundation of East Tennessee is here to help people living with seizure disorders. You can contact us at 865-522-4991 or go to our website www.eftenn.org.

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The Doctor is in

a weekly column by
Dr. Jim Ferguson

How to Grow Old

I'm a pretty good internist and even have secondary board certification in geriatrics. But, I have no experience in growing old or as I like to say growing "older."

In medicine there is a wisdom axiom which goes, "Watch one, do one, teach one." I first encountered this philosophy when I was in training and learning to do various procedures such as venipuncture for blood samples, starting an IV and even more complicated procedures such as spinal taps and delivering babies. Since it was obvious to my superiors that I wasn't very interested in the surgical disciplines, I never graduated beyond holding retractors in surgery. These surgical instruments help the surgeon visualize the operative field. For contemplative internists they are dubbed "idiot sticks." People often ask this

aging doctor how I'm doing. My centenarian mother-in-law responds to this question by quipping, "I don't know how I'm doing; I've never been this old before." Actually, most of the time I feel pretty well for a 66-year-old guy.

I have a number of aphorisms which my former partners referred to as "Fergisms." One of these is that you often imagine yourself as one generation less than your actual age. Another Fergism derives from the famous jazz musician, Count Basie who said, "If it sounds good, it is." In other words, if you like a certain piece of music or artwork, don't let someone else tell you what you should like. And my corollary to Basie's observation is, "If it looks good, it is." So, I often turn the question around and ask, "Well, how do I look?" Last week I mentioned a

book I noticed in a patient's home while making a housecall. I was intrigued by the title "How To Grow Old" written c. 50 BC by the famous Roman statesman, Cicero. Luminaries like St. Augustine and Thomas Jefferson admired this book and John Adams read the work over and over as he aged. I think there are nuggets of wisdom in this book which I consider worthy.

Philosophically, Cicero was a stoic who admired personal virtue and order of the Roman republic. He also believed in destiny and divine providence. These stoic attributes are depicted by Russell Crowe in the movie The Gladiator. I was struck by Cicero's common sense and readable prose as translated from Latin by Philip Freeman. I encourage you to read the book and Cicero's own words, but I want to summarize the patrician's advice and then offer a few comments from the perspective of a geriatrician/internist.

Cicero's advice for the latter half of life is:

1. Cultivate the qualities of wisdom, moderation, rational thought and enjoying all aspects of life.
2. Realize that old age is enjoyable if one's character is good.
3. There are seasons to life and we can't fight nature.
4. Aging does not

preclude an active life, but assigns some limitations.

5. Imparting your acquired wisdom to youth is pleasurable and a worthy endeavor.

6. Like a muscle, the mind must be exercised.

7. Older people should stand up against discrimination (ageism).

8. A reduction in sensual appetites allows room for other more satisfying and lasting activities.

9. Find things which interest you and do the things which give you enjoyment.

10. Death should not be feared.

I sometimes wonder why I am so blessed. I know I am where I'm supposed to be. As a Christian I hold that Grace is at the heart of things, but recognize that this perspective may conflict with the reason espoused by Cicero. However, reason is only one lens to acquire wisdom which I believe is a higher order of function. John Wesley, the founder of Methodism, recognized that the church is built on reason, experience, tradition and scripture.

I've come to terms that I can't know everything and I'll never shoot par golf. The Proverbist observed that "[respect] of the Lord is the beginning of wisdom" (Proverbs 9:10). There are seasons to life and only a fool ignores nature. And more important than self-

actualization is supporting family and community, and imparting the wisdom you've acquired to young people (teaching). I've told many patients that they shouldn't retire without a plan. In retirement you need to stay active and exercise your mind and muscles. It is a great irony that "resting" makes you weaker. You need to find a way to use the things you love in the service of others; mine is writing and concierge medicine.

We moderns see ageism as a form of discrimination which should be resisted. The term ageism was unknown to Cicero or the poet Dylan Thomas, but Thomas urged his father:

Do not go gentle into that good night,

Old age should burn and rave at close of day;

Rage, rage against the dying of the light.

Cicero advises us not to fear death, but is that realistic? Humans naturally fear the unknown, and death is a journey into the unknown which we all will take.

Ferguson's aphorism #11 holds that "Most thoughts have been thought before." Several years ago I concluded that when I close my eyes for the last time I will either blink into oblivion or awaken in paradise. And since I'm a Christian I hold to the latter. I was pleased

with my reasoned conclusion, but then I came upon Socrates' speech during his trial for treason in 400 BC. Apparently, Socrates came to the same conclusion 2500 years before me, and Socrates even looked forward to meeting Homer, his hero who wrote the Iliad. Recently, I was not surprised to learn that Cicero had likewise come to the same logical perspective, though he somewhat fatalistically said an actor needs to know "when it's time to leave the stage."

Hopefully, I will not soon go quickly or quietly "into that good night." I hope to "burn like a candle in the wind" as Elton John sang, instead of dwindling into nothingness on this side of the great divide.

So, I'll close this exegesis of growing older with my favorite poet Emily Dickinson's vision of "distant shores," and celestial seas:

As if the Sea should part

And show a further Sea

-

And that - a further - and the Three

But a presumption be -

Of Periods of Seas -

Unvisited of Shores -

Themselves the Verge of Seas to be -

Eternity - is [these] -

-

You may email Dr. Ferguson at fergusonj@knoxfocus.com

Pet Cancer Awareness Month

November is pet cancer awareness month. This year pet cancer is a little more meaningful for Hobo the Wonder Dog. Hobo's friend Lucy was recently diagnosed and treated for a mast cell tumor cancer. Although Lucy is recovering nicely, mast cell tumors (MCT) can be life threatening. As with any cancer, early detection is key for better outcomes. Hobo and I wish Lucy a speedy recovery to get her back in the game of life playing basketball with her family.

MCT is the most common skin tumor in dogs and can also affect the spleen, liver, gastrointestinal tract, and bone marrow. MCT is most common in flat-faced dog breeds such as Boston Terriers, Pugs, Boxers, Bulldogs and long nose breeds such as Labrador



By Howard Baker, RN BSN

retrievers, beagles and schnauzers. Unfortunately, MCT is not breed specific and can affect any breed of dog. Usually they appear as a raised lump or bump on or under the skin; the bumps can be red and/or ulcerated and swollen. As always—have your pet evaluated at

least annually and pets ten years old or older should see their veterinarian every six months. Again, early detection and treatment give the best possible outcomes.

One in four dogs and one in five cats will develop cancer. Comparatively, one in two men and one in three women will develop some kind of cancer in their lifetimes. Canine cancer research lead the way for bone marrow transplants and targeted chemotherapy in humans. The cost of cancer treatments are expensive and often out

of reach for most families. Clinical research trials in veterinary oncology are available but, have strict guidelines; usually age, type of cancer, weight, and life expectancy. Clinical trials are not always free and usually require travel to hospitals far from home. Discuss all treatment options including clinical trials with your veterinarian. The obstacles of cancer treatment regardless of human or animal place a huge time and financial burden on families. This is one reason I believe pet health insurance is a good idea in protecting your pet from the unexpected.

Six common canine cancers:

Lymphoma: occurs in the lymph nodes or bone marrow usually between ages of six and nine. First signs are usually a painless, swollen lymph node in the neck or behind the knee.

Hemangiosarcoma: occurs in the spleen, liver, and heart, but can metastasize to any organ or occur

under the skin. Unfortunately, usually not diagnosed until disease is advanced. Breeds most affected are German Shepherds, Golden Retrievers, and large breeds.

Mast cell tumors: extremely common type of cancer in older dogs. Early signs are lesions on the skin they can be uncomfortable and cause agitation but not in all cases.

Melanoma: a type of skin cancer usually found in nail beds, paw pads, and eyes. Most melanoma tumors are found around lips and mouth. This type of cancer is aggressive and will invade vital organs. Early signs might be: swollen paw, eye drainage, sore near the mouth or on lips.

Osteosarcoma: cancer of the bone most tumors are malignant and grow quickly. Early signs include swelling and lameness. Usually affects large breeds including Great Danes, Rottweilers, German Shepherds, Golden

Retrievers, Doberman Pinschers, and Irish setters, between the ages of four and seven.

Mammary cancer: common in female dogs not spayed or spayed after two years of age. Half of all mammary tumors are malignant with metastasis. Early signs are small nodule on or around the nipple; it can also present as a painful tumor around the nipple.

We have a lot of promising cancer research being conducted for our canine and feline family members and the key is early detection. Be cognitive of your pet's health and discuss changes with your veterinarian. Early detection and treatment is your pet's best chance for successful treatment and survival. Lucy is living proof early detection and proactive treatment has given her a new "leash" on life.

Please support the Animal Cancer Foundation www.acfoundation.org.



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Wade and Elizabeth Whiteside celebrate their 74 years of marriage today, November 20, 2017. Wade is 93 and Elizabeth is 91.

‘Love the Sinner, Hate the Sin’

You have likely heard the cliché, “Love the sinner, hate the sin.” It appears that this phrase originated with St. Augustine, a bishop from North Africa who lived in the late fourth and early fifth centuries. In a letter to nuns, he called them to have a “love for mankind and hatred of sins.” We are to love sinners, for this is what Jesus does. Jesus was called a friend of sinners (Mt. 11:19) and came to save sinners (I Tim. 1:15). While Jesus loved sinners, he never actually said, “Love the sinner.” What Jesus did say is “Love your neighbor.” Your neighbor is anyone you meet, and even those you have never met. Jesus goes one step further to show us who are neighbors are. Jesus tells us to love our enemies, because when we do, the world will change. When we return blessings for evil, we can see relationships being



By Mark Brackney, Minister of the Arlington Church of Christ

transformed. We also need to always remember that we all miss the mark at times. No one is able to live a perfect life. We say, think, and do things we should not (Romans 3:23). Since I am a sinner saved by God's grace, I need to extend that grace to others. Perhaps the reason Jesus said “love your neighbor” instead of “love the sinner” is that we would begin looking at people more as sinners than neighbors. This would lead to judgment. We can start to think, “You are a sinner, but I am choosing to love you anyway.” That sounds a bit puffed up and arrogant. Jesus focused on loving others instead of judging others. This reminds me of the story Jesus told of the tax collector and the Pharisee. The Pharisees thought they needed to separate themselves from sinners in order

to remain pure and holy to God. Tax collectors at this time period were thought to be the worst kind of sinners because they worked for Rome and cheated people (Luke 18:10-14). Notice that Jesus begins this parable by saying, “Jesus told this parable to certain people who had convinced themselves that they were righteous and who looked on everyone else with disgust” (Luke 18:9). Have you ever been like that? Keep in mind that there are times we do judge, but you had better examine yourself first before you start pointing the finger (Matthew 7:1-5). And when you do judge, you need to do so with the right heart and intent. Paul says you have no right to judge anyone not in the kingdom of God (I Cor. 5:9-13). We do, however, judge those in the body of Christ (James 5:19-20). We want to warn and encourage people because we love them. We love because God loves us. Love is the way we are

meant to live. Love does not turn a blind eye to sin, but it does change the way we view and treat others. The Gospels make it a point to emphasize that Jesus spent time with sinners. I think what turns most people off to religion today is not that people in churches don't live perfect lives, but that they point out the sins of others and then act as though they have no sins of their own. To support the idea of loving the sinner and hating the sin, some people turn to Romans 12:9: “Love must be sincere. Hate what is evil; cling to what is good.” But Paul is not telling the people to hate the sin in someone else's life; he is telling them to hate the evil they might be tempted to pursue in their own lives. There are many things to hate in this fallen world, but the rule that guides our lives should not be hate, but love.

LEGAL & PUBLIC NOTICES

NOTICE TO CREDITORS

ESTATE OF JAMES ALBERT NOVAK AKA JAMES ALBERT NOVAK, JR. DOCKET NUMBER 79548-2
Notice is hereby given that on the 8 day of NOVEMBER 2017, letters testamentary in respect of the Estate of JAMES ALBERT NOVAK AKA JAMES ALBERT NOVAK, JR., who died Apr 21, 2016, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:
(1) (A) Four (4) months from the date of the first date of the publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of the first publication; or
(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A);or
(2) Twelve (12) months from the decedent's date of death.
This the 8 day of NOVEMBER, 2017

the publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of the first publication; or
(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A);or
(2) Twelve (12) months from the decedent's date of death.
This the 9 day of NOVEMBER, 2017
DWIGHT LEE SCOTT; EXECUTOR
1016 BOARDLY HILLS BLVD.
SEVIERVILLE, TN. 37876

DUSTIN S CROUSE ATTORNEY AT LAW
9111 CROSS PARK DRIVE, SUITE 0200
KNOXVILLE, TN. 37923

NOTICE TO CREDITORS

ESTATE OF VODENA YADEN WOODS DOCKET NUMBER 79546-3
Notice is hereby given that on the 30 day of OCTOBER 2017, letters testamentary in respect of the Estate of VODENA YADEN WOODS who died Oct 3, 2017, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:
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(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A);or
(2) Twelve (12) months from the decedent's date of death.
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NOTICE TO CREDITORS

ESTATE OF BLAKE W MCGEE DOCKET NUMBER 79247-1
Notice is hereby given that on the 9 day of NOVEMBER 2017, letters testamentary in respect of the Estate of BLAKE W MCGEE who died Jun 20, 2017, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee. All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:
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ANNOUNCEMENTS

Colonial Heights United Methodist Church
Join us for free Thanksgiving dinner and fellowship Thursday, November 23rd, 2017 from 11 a.m. - 1:30 p.m. Enjoy turkey, dressing, gravy and all the trimmings. Everyone welcome.
Colonial Heights United Methodist Church is located at 6321 Chapman Highway.

New Beverly Baptist Church
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Santa will come with old fashioned bag treats. No charge, but a love offering will be taken. Come celebrate “Christ's birthday” with us at New Beverly!
Powell Church
The Recovery Ministry at Powell United Methodist Church, 323 W. Emory Rd., Powell, TN will be hosting a free Thanksgiving Dinner from 5:30-6:30

p.m. on Thursday, November 23, 2017 prior to the worship service and small groups meetings. This will be a traditional Thanksgiving meal, complete with all of the trimmings. Everyone is welcome to attend.
For additional information, please call Powell Church at 865-938-2741, or e-mail Brooke Hartman @bhartman@powellchurch.com.

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